

251.929.0055


Serving Lunch
Monday-Saturday
10:30-4:00
Sunday Brunch
10:30-2:00



320 Eastern
Shore Shopping
Center
Fairhope, AL
36532

www.va-fairhopehealthfoods.com

APPETIZERS

Hummus    

Our freshly made hummus or hummus of the day served with grilled pita triangles
8

Breakfast Pizza  

Whole wheat pita bread topped with peppered gravy, eggs, sausage, and
mozzarella cheese
11

Spinach and Artichoke Dip   

Creamy warm dip made with spinach and chunks of artichoke hearts, garnished with
parmesan and served with tortilla chips
9

ENTRÉE

Served with fruit salad and oven roasted potatoes or cheesy grits

Breakfast Burrito 

Warm breakfast burrito stuffed with tofu, green onions, tomatoes, mushrooms, bell peppers, sausage, and
cheese sauce.
13

Quiche 

Homemade quiche with spinach, tomatoes, mushrooms, onions, and bell peppers
12

Eggs Benedict  

Two poached eggs served atop of English muffins and ham, topped with Hollandaise sauce
13

Eggs Florentine  

Poached eggs on top of English muffins and spinach, topped with a creamy lemon herb Alfredo sauce
13

Omelet Your Way 

Three egg omelet with your choice of ham, onions, bell pepper, tomatoes, mushrooms, bacon,
feta cheese, and mozzarella cheese
14

ENTRÉE

Served with fruit salad and oven roasted potatoes or cheesy grits

French Toast

Homestyle cinnamon French toast made with artisan French bread,
served with warm organic maple syrup

13

Hoe Cakes

Organic cornmeal made-from-scratch waffles served with warm
organic maple syrup

13

Cranberry-Apple Turkey Sandwich

Granny Smith apples, free-range turkey or tofurky, cranberry mayo, and lettuce served on our fresh
Focaccia bread

10

Chicken Salad Sandwich

Freshly made free-range chicken salad served with lettuce and roma tomatoes on our home-
made Focaccia bread

13

Biscuits and Gravy

Fresh made from scratch biscuits covered with savory peppered gravy and your
choice of chicken or vegetarian sausage

14

Mediterranean Turkey Wrap

Free-range turkey or tofurky, hummus, feta cheese, olive tapenade, and spring mix rolled into a warm wrap

15½

* The consumption of raw or undercooked food increases the risk
of food-borne illnesses.

DRINKS

Mimosa

The perfect brunch drink with organic orange juice and chilled
champagne

6

Wasabi Bloody Mary

An organic twist to the classic bloody mary, with celery

6

Iced Tea

Fresh brewed tea, ask your server about today's teas

1¾

Coffee

Fairhope Roasting coffee, decaf and regular

1¾



Vegetarian



Vegan



Lactose Free



Gluten Free Option



Wheat Free Option

Please inform your server of any special needs